

# SHORELINES

Volume 26, Number 7

An Official Publication of LGLC

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2025-2026**

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It was good to see so many friendly, smiling faces at the January luncheon meeting. Attendance was great, with members not allowing the frigid temperatures to deter them from being there in good spirits! I never knew we had so many budding actresses and singers in our midst! It was a wonderfully fun luncheon to kick off 2026.

February is the month that is known for love and self-care. Although our February LGLC luncheon program is not about heart health or self care, I would like to take this opportunity to encourage you to think about yourself and what makes for a better quality of life. We don't need to make loud promises or impossible plans—softer intentions will work and are easily carried around with us. Laughter can go a long way and smiles can be given even when we are not attending a "gut busting" comedy. A simple smile or a shared laugh can brighten gloomy days. And we can all love a little deeper. It doesn't have to be that elated feeling of being in a new relationship. It can be love that is given with patience, forgiveness, and the understanding that everyone is trying their best in ways we don't always see. Love doesn't just have to be on Valentine's Day--it can be everyday or a random day that we show someone else that we care.

This is a great time to decide that we need to walk through life a little slower. Unfortunately, we spend so much time rushing through things that we should take more time to enjoy. We spend too much time believing that we need to be productive every minute of every day. And when we spend our time rushing and feeling that we need to be productive, we miss a tremendous opportunity to really feel "warm and fuzzy" from spending time with friends, family, and acquaintances. It's not imperative that we try to be a new person this year. We all just need to try to be a little more gentle with who we are. We should rest when we are tired; we should pause when our heart feels heavy. We should take time to notice and appreciate the small blessings that may be hiding in plain sight. There will be lots of days when slowing down feels harder than pushing forward and that's okay.

One thing that should certainly make you feel better is our club's outreach efforts this year. Karen Capps, Debbie Dowling, and their wonderful helping ladies delivered 85 adult care packages in December, and you were directly responsible for putting a smile on the face of many folks who may not feel as blessed as most of us are each day. We mailed 210 Christmas cards to soldiers who were away from their family during the holiday. We delivered over \$2,000 to the five food banks serving folks in our lake community. And you made it possible for us to place emergency food in our Community Cupboards for those who are struggling with food insecurity. Believe me, there is a great need, and you are instrumental in helping Cindy Bigelow help us try to stamp out hunger --one can at a time. We are truly blessed to be able to help others in such a simple way.

Above all else, let February be the month that you look inward and strive to make your life richer and fuller through your smiles and love for yourself and others. A sincere thank you for all you do! With warm hugs, Jennifer



# Welcome our New Members

**Pam Baird**  
 Speckle Cove  
 194 Summerview Lane  
 Henrico, NC 27842  
 (919) 815-4765 (cell)  
[bairdr@nc.rr.com](mailto:bairdr@nc.rr.com)

**Karin Griffith**  
 Nocarva  
 111 Cedarwood Street  
 Macon, NC 27551  
 (717) 961-0757 (cell)  
[togfover@gmail.com](mailto:togfover@gmail.com)

**Lisa Ross**  
 Quail Ridge  
 127 Hickory Ridge Trail  
 Henrico, NC 27842  
 (919) 368-6101 (cell)  
[lisa\\_i\\_ross@yahoo.com](mailto:lisa_i_ross@yahoo.com)

**Joanne (Joanie) Watkins**  
 284 Lakewoods Drive  
 Macon, NC 27551  
 (919) 619-3759 (cell)  
[joanieswatkins@aol.com](mailto:joanieswatkins@aol.com)

**Tracey Finn**  
 162 Salmon Landing Road  
 Littleton, NC 27850  
 (919) 946-3457 (cell)  
[traceyfinn5@gmail.com](mailto:traceyfinn5@gmail.com)

**Cynthia (Cyndi) Hentschel**  
 Pinnacle Shores  
 101 Sail View Lane  
 Macon, NC 27551  
 (703) 901-8148 (cell)  
[ichentschel@earthlink.net](mailto:ichentschel@earthlink.net)

**Agnes Tyborowski**  
 Morristown  
 144 Carrington Drive  
 Littleton, NC 27850  
 (919) 291-0292 (cell)  
[dapdt@aol.com](mailto:dapdt@aol.com)

**Jeralyn Wright**  
 Colony Club  
 6723 Gasburg Road  
 Valentines, VA 23887  
 (919) 604-4334 (cell)  
[Jeralyn.Wright@me.com](mailto:Jeralyn.Wright@me.com)

**Iris Fisher**  
 Siouan Shores  
 36 Saponi Drive  
 Ebony, VA 23845  
 (434) 755-1575 (cell)  
[firstmate1@me.com](mailto:firstmate1@me.com)

**Susan Jackson**  
 Blue Heron Park  
 242 Millstone Road  
 Henrico, NC 27842  
 (860) 729-1198 (cell)  
[Rsj63@hotmail.com](mailto:Rsj63@hotmail.com)

February 13th! Galentine's Day— a day for women to celebrate their friendships with their lady friends. It's Valentine's Day with your gals. Oh, it's only the best day of the year. Plan a date for breakfast, lunch or dinner with your besties for the "Best day of the year!"



## Member Changes

Nancy D'Angelo  
[clegg1@yahoo.com](mailto:clegg1@yahoo.com)

Pauline Gilbertson:  
[pggilbertson@icloud.com](mailto:pggilbertson@icloud.com)  
 Phone cell 252-820-2951

Karen Fioriti:  
[Karen.Fioriti@icloud.com](mailto:Karen.Fioriti@icloud.com)

Margaret Haas  
[taximom456@yahoo.com](mailto:taximom456@yahoo.com)

## Cares & Concerns

Judy Asetta	Maria Light
Linda Brannan	Susan Martin
Skeeter Coleman	Nina Matthews
Lori Dobson	Carolyn Plucinik
Elsie Gauley	Valerie Ruch
Sherry Herzing	Gloria Underwood
Katherine Joyce	Beverly Walker
Mary Lou Kellogg	Nancy West

Nancy Arena's husband  
 Bridgitte Bombardier's husband  
 Debbie Dowling's sister  
 Patty Noyes' husband



Happy 90th Birthday  
 to our Lifetime  
 Member  
 Liv Fioriti!!

## Deaths

- Brigitte Bombardier's mother passed 12/27
- Shirley Taylor's brother passed 01/06
- Donna Wolff's mother passed

# LGLC Monthly Meeting Minutes

January 20, 2026

The January luncheon of the LGLC was held at Lake Gaston Baptist Church. The luncheon meeting was called to order by President Jennifer Allman. Lori Dobson led the group in the Pledge of Allegiance and the singing of God Bless America.

Jennifer Allman introduced guests and new members to the luncheon. There are currently 518 members which includes 58 new members.

Jennifer recognized and thanked the decorating and hospitality committees.

Jennifer introduced the new Co-Webmasters, Einass Akari and Kimberly Sminkey. The ladies then presented an overview of the fantastic new LGLC website.

We will be celebrating LGLC 50th anniversary this year in June. Debbie Gravanda reviewed the contest for a new logo as the club enters its next era. Logo contest entries should be submitted by February 17<sup>th</sup> to Einass Akari or Kimberly Sminkey.

Nancy Arena shared the cares and concerns.

Jane Akom recognized the new grandmother, anniversaries and birthdays. A special birthday recognition was given to Liv Fioriti for her 90th birthday. The birthday winner was Liv Fioriti. Jane reminded everyone that the Wonder Woman Award nomination forms and the suggestion box were at the VP bulletin board table.

Jane Akom shared the Activity Group announcements for the coming month.

Jennifer shared that \$418.60 was provided to the five foodbanks from the September-December table giving jar donations. This month's table giving jars are for the LGLC community cupboards. Cindy Bigelow thanked members for their donations and time they are giving to keep this outreach effort going.

Eighty-five care packages were provided for 10 area adult group homes in December. Efforts are continuing with plans for spring donations.

Sylvia Alston emceed the No Talent/Talent Show. Thanks to all the performers for the hilarious entertainment and to all the members that participated in the sing-alongs.

Devotion and blessing were delivered by Debbie Gravanda. Lunch was provided by David's Catering.

The baked good for the community cupboard donations was made by Jennifer Allman. Ann Boyd Smith was the winner.

The luncheon table jar monies of \$501 will be donated to LGLC Community Cupboards. Charitable giving collected \$212 and the drawing winner of \$100 was Karen Wrigley.

Jennifer Allman gave closing remarks and adjourned the meeting at 12:50 pm.

Karen Wrigley – Recording Secretary

## Financials

LGLC FINANCIAL STATEMENT 2025/2026	
	December
Category Description	Actual
<b>Gen Fund Beginning Balance</b>	28,468.47
<b>INCOME</b>	
Fund Raisers	381.00
Membership Dues	300.00
Total Income	681.00
<b>EXPENSES</b>	
Membership (Directory)	868.80
Memorials - Family	50.00
Memorials - Members	50.00
Memorial Garden	37.62
Newsletter	34.75
President	79.62
Program	75.00
Treasurer	47.73
Vice President	131.77
<b>Total Expenses</b>	1,375.29
<b>Profit Or Loss</b>	(694.29)
<b>Committed Monies</b>	
Inflow	9,818.94
Outflow	6,532.84
Net	3,286.10
<b>Ending Balance</b>	31,060.28
	31,060.28
<b>Committed Monies</b>	
Equipment	4,001.43
Luncheon Account	5,496.42
Luncheon Jars -Outreach	2,093.01
Memorial Garden	2,890.13
Outreach Projects	3,890.64
<b>Total Committed Monies</b>	18,371.63
<b>Uncommitted Balance</b>	12,688.65

**The Linda Fitts Scholarship** is awarded each year in the amount of \$2,500 by the Linda Fitts Scholarship Committee. The applicant must be a Lake Gaston Ladies Club member; spouse of a member; or a child, grandchild, great-grandchild of a member. Application criteria and the process to apply is at the bottom of our home page [www.Lakegastonlc.org](http://www.Lakegastonlc.org) or in the Members Only tab in Forms and Financial. Specific questions can be directed to Bev Noland who chairs the Scholarship Committee at email [bevno@earthlink.net](mailto:bevno@earthlink.net) or 252-537-5956 (home) or 252-673-1780 (cell).

## Board Member Spotlight

My name is Nancy Arena and I am your Cares and Concerns member on the LGLC board. I also had the opportunity to be the Communications Chair and Luncheon Treasurer. This is a wonderful group of ladies who work together to provide a calendar of exciting monthly programs. It has been a pleasure serving on the board and making new friends.

I am originally from Rochester, NY and went to Niagara University where I met my future husband, Paul whom I have been married to for 44 years. There were no teaching jobs in New York along with the "long winters", so I headed south to DC/Virginia area to stay with an older sister in DC while looking for an elementary Physical Education job. I taught 2 years in Prince George's County, MD and then switched to Prince William County, VA for the rest of my career (aka NOVA if you are from there or a transplant). We lived in Manassas and raised our three children there. We bought property at Lake Gaston in 1989 and had a shell put up in 1991. My husband did most of the work on the inside asking for "insulation" one year for Christmas! We became "weekenders" bringing the kids to the lake for 20+ years. In 2016, we moved to the lake full time.

We have really enjoyed the "lake life" and share it with our adult children and 7 grandchildren once summer hits! Our oldest son, Anthony lives in Boulder, CO with his wife and 2 of our granddaughters. Our daughter Emily, lives in Raleigh with her husband and 2 granddaughters. The youngest son, Richard lives in Richmond with his wife and 2 grandsons and 1 granddaughter plus one more due in February. So when all the Arenas are together it is a FULL house. The grands now sleep in the same bunks that their parents slept in. They love to do the things their parents did as kids which is swimming, tubing, water skiing and fishing! Ages range 22 months to 8 years.

Upon joining the Ladies Club in 2017, I found out quickly how much there was to do. I participate in the Green Thumbs, Vintage Gals, Red Hot Mamas, She Doers and Gaston Gourmets on occasion. I also enjoy being part of the FABS. Other hobbies include sewing (quilt), reading and traveling to new places.

I love riding bikes and hiking with my husband. He also is a beekeeper and loves to fish. We have plans to travel to Italy and Sicily in the fall.

I hope to see you at a LGLC activity or out on the Lake!



## Luncheon Information

Our next luncheon meeting is February 17, 2026! The venue is Lake Gaston Baptist Church (Family Life Center), 2378 Eaton's Ferry Rd., Littleton, NC 27850. Social time starts at 10 am and the meeting begins at 10:30 am. Menu: Roast Braised Beef Tips in Burgundy Sauce; Steamed Rice & Green Beans with Olive Oil & Water Chestnuts ; Iced Tea; Water; Black & Green Hot Teas; Roll & Butter. Dessert is Cherry Cobbler.

Program: Speaker: Fred Taylor, Attorney at Law and Historian, history of Lake Gaston

Luncheon payments are always due by the 1st day of the month of the luncheon. If you are interested in attending a luncheon, please send a check made payable to LGLC for \$25.00 to: Skeeter Coleman, 144 Crane Drive, Henrico, NC 27842. Please allow time for snail mail. If you are interested in a gluten-free lunch, write "Gluten Free" on the memo line of your check.

Another option is for you to bring a check to any luncheon to pay for the following month. Simply put it in the basket at the table with the Lunch sign.

We now accept credit card payments for lunches! The payment links are in the Member's section of our website under the Luncheon Information for the month we are accepting payments beginning on the day after the previous month's luncheon. Payments are still due by the 1<sup>st</sup> of the month. There will be a \$1 convenience fee added to each lunch to defer the cost of accepting credit cards.

Your \$25 luncheon check is used for meeting facility rental, set up and clean up, your snacks, your lunch, and decorating supplies.

Contact Trudy Stanek (252-529-1714) if you would like to help supply cookies or other goodies for the snack/drink table at a luncheon.

The LGLC **Wonder Woman** award may be given annually to recognize an LGLC member who has performed service for the LGLC, its members, and/or the community that was "above and beyond the call of duty." Please complete a nomination form (found in the LGLC Procedures Manual) if you know of a lady who has made such an extraordinary contribution(s). Current Board members are not eligible. Submissions are due by the March luncheon to the Vice President, Jane Akom.

# Community Outreach Project



## Community Outreach Group Home Hygiene Kit Update

### What did you do?

85 kits were put together & distributed during the Christmas Season to 10 group homes in the surrounding area. The deliveries brought lots of smiles.

### What's Next?

1. We are in the process of inventorying the leftover items to use in our Spring delivery.
2. A list of needed items for the Spring delivery will be available at the February meeting.
3. The hotel size toiletries that have already been donated will be distributed to the Union Mission in Roanoke Rapids.
4. When talking to the leadership at the Union Mission we identified that they need several types of paper products which we will purchase and deliver in the near future.
5. Also, we identified an opportunity to partner with two of the group homes in Roanoke Rapids managed by Skilled Creations.

The leadership would like some of our activity groups to volunteer to provide enrichment activities to their clients. Some of the ideas that have surfaced were: storytelling, planting flowers, a tea party and other ideas. If your activity group has an idea of something a small number from your group could do with the residents, please contact Karen Capps 919-622-5181 or Debbie Dowling 336-963-9537. *Thank you for your ongoing commitment to helping others in need. You have been a blessing to many.*





The Red Hot Mamas Kentucky Derby Committee has started planning the Fundraising Event to be held on Thursday, April 30th. Be on the lookout for updates!

## The January luncheon jars provided

**\$418.60 each to 5 food banks....**

- Loaves & Fishes
- Ray of Hope
- Lawrenceville Methodist Church Food Bank
- John 3:16
- Big Heart Pantry

# February 2026 Activity calendar

MON 2	TUE 3	WED 4	THU 5	FRI 6
Friends Who Count 	Gaston Gourmets Activity Line Dancing 4pm	A Stroke of Luck Bookers Hand 'N Foot Whine Nots	Gastonettes	
9 Games Green Thumbs Activity	10 Bible Study Line Dancing 4pm Mah Jongg I	11 A Stroke of Luck Hand 'N Foot She-Doers	12 Gastonettes Red Hot Mamas Activity	13 Mah Jongg I 
16 Friends Who Count Presidents' Day	17 Line Dancing 4pm ♦ 10am LGLC Monthly Meeting	18 A Stroke of Luck Hand 'N Foot She-Doers Activity	19 Gastonettes	20
23 Games	24 Bible Study Birds of a Feather Activity Line Dancing 4pm Mah Jongg II	25 A Stroke of Luck Hand 'N Foot She-Doers Activity	26 Gastonettes	27 Mah Jongg I Vintage Gals Activity

## We Have a New Website!

After her tenure of managing the Lake Gaston Ladies Club website, Carol Weigel has passed on those duties to two new Co-Webmasters, Einass Akari and Kimberly Sminkey. A big part of that transition included the design of a brand new website that we are pleased to announce is now live and ready for all to use! The new website has a whole new look and has been simplified compared to the old site so as to make it easier for members to navigate and find things. The web address remains the same [www.Lakegastonlc.org](http://www.Lakegastonlc.org) and the "Members Only" section password (ladies) is the same as what was used on the old site. The new site does not require you to use a login name, just the password. (Tip: if the new website does not load, clean your cache on your browser—whether computer, phone or tablet). You'll find the majority of what was on the old site now on the new site including Member information and photos, In Memoriam photos, Board and Activity Group information, Luncheon information (including online payment links), Calendar events, Newsletters, as well as Ladies Club Forms and Financial documentation. Be sure to check out our new website and your member information.

If you're not pleased with your photo and would like to update it, Board Member and Assistant Newsletter Editor Burnie Simpson will gladly take a new photo for you at the monthly luncheon.

# Activity Groups Information

## Art Aficionados

Brigitte Bombardier [dbkindredspirits@gmail.com](mailto:dbkindredspirits@gmail.com) 703-878-1733

Terrell Jones [terrelljones44@gmail.com](mailto:terrelljones44@gmail.com) 336-708-0849

A group whose members appreciate various forms of artistic expression, seek transformative experiences that provoke thought, inspire dialogue and foster cultural appreciation. Focusing on all art media: the visual, performing and literary arts.

[Art Aficionados of the Lake Gaston Ladies Club | Facebook](#)

## Bible Study

Jennifer Matthews [jennifermatthews568@gmail.com](mailto:jennifermatthews568@gmail.com) 252-578-6532

A close-knit group of believers who share and pray about joys and sorrows. Meets 2nd and 4th Tuesdays, 10am at LKG Chamber of Commerce.

## Birds of a Feather

Lori Weitzel [weasel1212@ymail.com](mailto:weasel1212@ymail.com) 717-507-8951

Sharon Kelsner [sharonkelsner@gmail.com](mailto:sharonkelsner@gmail.com) 301-922-9448

Learning about and watching/identifying birds. Trips and activities all about birding can be found on the [BOAF Facebook Page](#)

## Bookers

Jennifer Matthews [jennifermatthews568@gmail.com](mailto:jennifermatthews568@gmail.com) 252-578-6532

A book club that has book discussions, lectures, trips, and guest authors. Meets 1st Wednesday, 10am, at LKG Chamber of Commerce.

## Friends Who Count (needlework)

Melissa Verkuilen [melissajpv@gmail.com](mailto:melissajpv@gmail.com) 757-575-0714

A group who knit, crochet, embroider, cross-stitch—any craft that involves “counting stitches” Meets 1st/3rd Mondays, 1-4pm in members’ homes or LKG Chamber of Commerce.

## Games

Nancy Nemecek [wellquy1@peoplepc.com](mailto:wellquy1@peoplepc.com) 410-456-8784

Carolyn Harlow [carolyntharlow@gmail.com](mailto:carolyntharlow@gmail.com) 252-257-2997

All sorts of games played/learned—Complication, Push Rummy, Five Crowns, Mexican Train, Rummikub etc. Meets 2nd/4th Mondays, 12:15pm, Warren Co. Rescue Squad Building.

## Gaston Gourmets

Pat Montross [patriciamontross@gmail.com](mailto:patriciamontross@gmail.com) 919-673-6633

Learn about and experience different foods. Find new places & chefs to demonstrate recipes, tips and tricks. Usually meets 1st Tuesdays at various venues.

## Gastonettes (choral group)

Janice Thompson [iteach1234@msn.com](mailto:iteach1234@msn.com) 434-774-4605

A large choral and bell ringing group who love to sing & share their talents with others. Meets every Thursday, 9am, Lake Gaston Baptist Church.

## Green Thumbs

Skeeter Coleman [skeeterjohnny1@gmail.com](mailto:skeeterjohnny1@gmail.com) 757-880-9616

Cindy Kelly [cinkelly5188@gmail.com](mailto:cinkelly5188@gmail.com) 252-382-9266

Sharon Kelsner [sharonkelsner@gmail.com](mailto:sharonkelsner@gmail.com) 301-922-9448

Trips, speakers, workshops & subjects pertaining to gardening and outdoor projects. Usually meets the 2nd Monday at various venues.

[Green Thumbs Facebook Page](#)

## Hand ‘n Foot (card game)

Rosa Lee Riddick [rosaleeriddick045@gmail.com](mailto:rosaleeriddick045@gmail.com) 757-334-8694

Barb DiPrima [diprimafamily@gmail.com](mailto:diprimafamily@gmail.com) 252-308-2130

Meets Wednesdays, 11:30am, at Casa Mia’s in Littleton to play Hand ‘n Foot

## Line Dancing

Valerie Ruch [valeriesue210@gmail.com](mailto:valeriesue210@gmail.com) 732- 803-7628

Meets most Tuesdays, 4pm, Lake Gaston Fitness Center to enjoy and learn all types of line dancing to a variety of music.

## Mah Jongg I Ancient Chinese tile game

Kaye Powell [powellck@earthlink.net](mailto:powellck@earthlink.net) 252-532-5075 (I)

Liz Boyce [lizboyce119@gmail.com](mailto:lizboyce119@gmail.com) 757-403- 7153 (I)

Mah Jongg I (more experienced players) meets 2nd/4th Fridays, 1pm at members’ homes.

## Mah Jongg II Ancient Chinese tile game

Cindy Bigelow [cbigelow@me.com](mailto:cbigelow@me.com) 252-801-6539 (II)

Pauline Shinn [parbrown@gmail.com](mailto:parbrown@gmail.com) 434-661-7303

Jan McClain [jlmccclain@comcast.net](mailto:jlmccclain@comcast.net) 717-404-9002

Mah Jongg II (all levels of experience) meets 2nd/4th Tuesdays at Casa Mia’s, Littleton, 11:30am.

## Pinochle, Double Deck (couples)

Kaye Powell [powellck@earthlink.net](mailto:powellck@earthlink.net) 252-532-5075

The Pinochle group has partners. This is an activity that the spouse can be in the group. Couples can be any two people. 8 people meet in each other’s home and play once a month for 4 months. The host will provide snacks. Day and Evening groups. Kaye is happy to teach anyone that wants to learn to play.

## Red Hot Mamas

Lilla Keresztury [dawker@aol.com](mailto:dawker@aol.com) 910-650-9463

We are all about Ladies, Lunch and Laughter!

We meet 2nd Thursdays at various venues and our planned activities can be found on the [RHM Facebook Page](#).

## She-Doers

Betsy Willsey [betsysells4u@gmail.com](mailto:betsysells4u@gmail.com) 504-842-8797

Traci Cave [dscave@gmail.com](mailto:dscave@gmail.com) 757-677-6784

Outdoor and indoor adventures. Usually meets 2nd/4th Wednesdays at various venues announced on [She-Doers Facebook page](#).

## Stroke of Luck (painting and crafts)

Betsy Griner [bgriner123@gmail.com](mailto:bgriner123@gmail.com) 703-399-6651

An all level painting and craft group who meet on Wednesdays, 1-4pm, Warren Co. Rescue Squad Building.

## Vintage Gals

Jane Akom [kakom@aol.com](mailto:kakom@aol.com) 804-240-8440

Jewell Moore [jewelrmoore@gmail.com](mailto:jewelrmoore@gmail.com) 804-221-7714

A group interested in learning about antiques and history. Travel to historic sites, antique shops, hosts guest lectures and always enjoys lunch! Meets most 4th Wednesdays at various venues.

## Whine Not (wine tasting and analysis)

Sylvia Alston [ssalston47@gmail.com](mailto:ssalston47@gmail.com) 252-532-5596

Debbie Marlowe [debbiemarlowe@me.com](mailto:debbiemarlowe@me.com) 843-813-2919

Learn about and taste wines from around the world.

Meeting the 1st Wednesday of October and December of 2025 as well as February and April of 2026 in Littleton at The Acorn.



NEWSLETTER EDITOR

MELISSA VERKUILEN  
109 ROANOKE DRIVE  
HENRICO, NC 27842

## *The Community Cupboard*

Donations of canned goods are accepted at each LGLC Luncheon throughout the year. Please put any donations that you bring to the luncheon directly in the vehicle parked outside by the entrance or bring it in the building if you don't see the vehicle. If the weather is bad, a table will be set up just inside the doorway for your donations. Food can also be dropped off throughout the month at:

Chamber of Commerce M-F 8:30 to 5 p.m.  
One of the 4 cupboards which are located at...

- o Kingswood United Methodist Church on Highway 903 in Bracey
- o Ebony Volunteer Fire Department in Ebony
- o Olive Branch United Methodist Church in Gasburg
- o Norton's Flea Market on River Road in Henrico

Anyone donating will receive a giving ticket for a home baked item which will be drawn at each monthly meeting. Thanks to all of the ladies who took donated food to deliver to the yellow boxes throughout the month!

If you have any questions or want to be more involved with this community outreach, please contact Cindy Bigelow at [cbigelow@me.com](mailto:cbigelow@me.com) or 252-801-6539.

Please remember to bring in beverage pull tabs, from soft drinks, energy drinks and adult beverages. There will be a bucket at the entrance to drop them off. These go to benefit the Ronald McDonald house. Thank you in advance!

Let me know how many  
Hearts you find!

[melissajpv@gmail.com](mailto:melissajpv@gmail.com)

